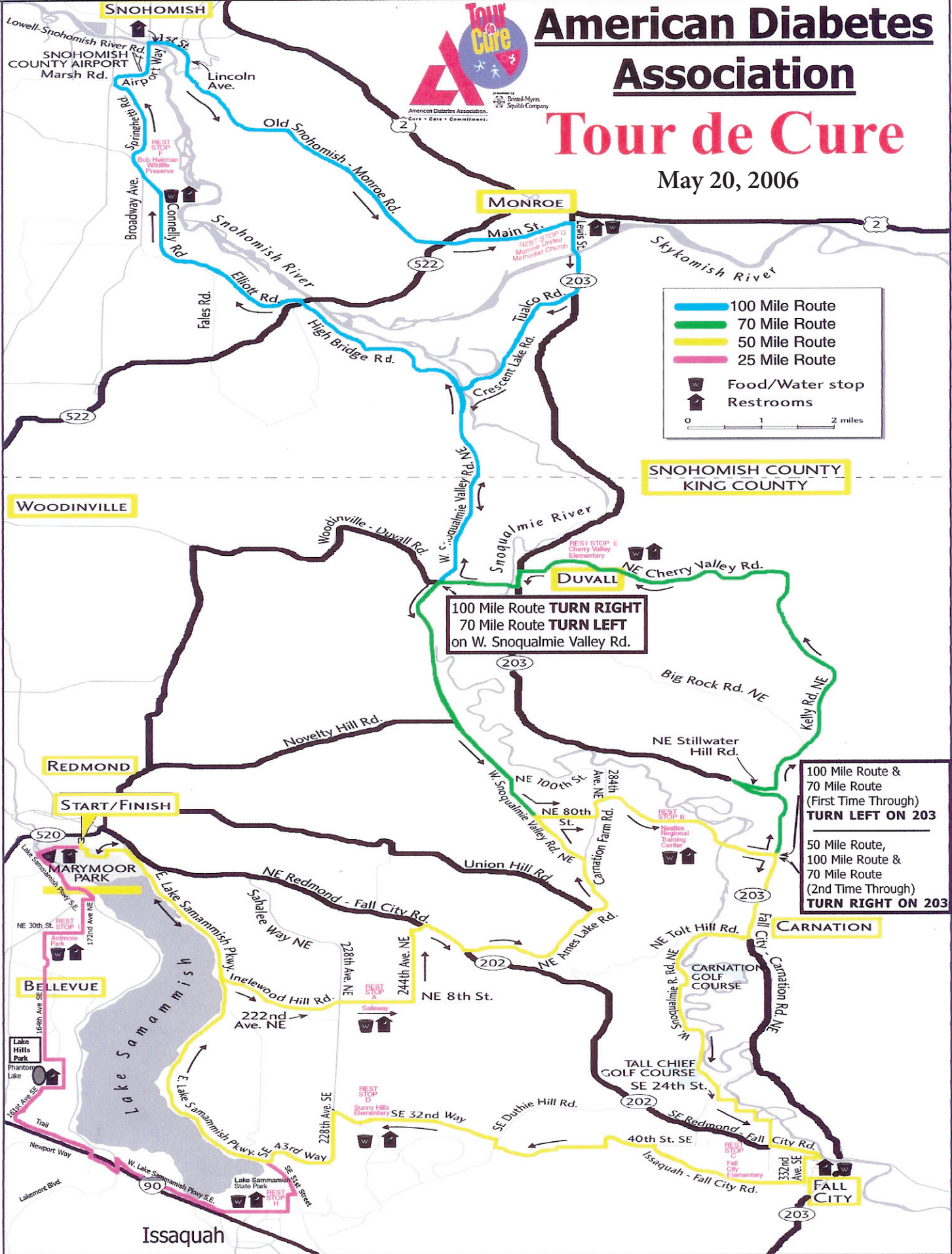
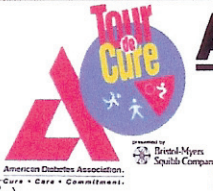


American Diabetes Association

Tour de Cure

May 20, 2006



— 100 Mile Route
— 70 Mile Route
— 50 Mile Route
— 25 Mile Route

Food/Water stop
 Restrooms

0 1 2 miles

100 Mile Route TURN RIGHT
70 Mile Route TURN LEFT
 on W. Snoqualmie Valley Rd.

100 Mile Route & 70 Mile Route (First Time Through) TURN LEFT ON 203
50 Mile Route, 100 Mile Route & 70 Mile Route (2nd Time Through) TURN RIGHT ON 203

SNOHOMISH

Lowell-Snohomish River Rd. 1st St. SNOHOMISH COUNTY AIRPORT Marsh Rd. Lincoln Ave. Airport Way

MONROE

Old Snohomish - Monroe Rd. Main St. Lewis St. Skykomish River

WOODINVILLE

Woodville - Duvall Rd. W. Snoqualmie Valley Rd. NE

DUVALL

REST STOP E Cherry Valley Elementary

REDMOND

Novelty Hill Rd. NE Stillwater Hill Rd. Big Rock Rd. NE Kelly Rd. NE

START/FINISH

520

MARYMOOR PARK

REST STOP Andromeda Park 172nd Ave NE

BELLEVUE

Lake Hills Park Phantom Lake 16th Ave SE 191st Ave SE

CARNATION

REST STOP B Heffner Regional Training Center

FALL CITY

REST STOP G Sunny Hills Elementary SE 32nd Way

ISSAQUAH

REST STOP H Lake Sammamish State Park SE 32nd Street